



G-SPORTS
WRESTLING
 Best Products/Best Prices

WWW.GSPORTSWRESTLING.COM
[877] 497-3785

AS LOW AS
\$79.95 EACH
 SUBLIMATED 2-PIECE UNIFORMS
 FREE SHIPPING, NO SETUP FEES.

\$100 OFF
ORDERS OF 20 OR MORE



\$79.95 FOR COMPRESSION TOP/ COMPRESSION SHORT
 \$84.95 FOR COMPRESSION TOP/BOARD SHORT
 \$104.95 FOR SINGLET/BOARD SHORT



Cliff Keen

**PROUDLY CARRYING THE ENTIRE LINE OF
 CLIFF KEEN WRESTLING PRODUCTS!**

RMN EVENTS OUT WEST SPOTLIGHT



Lead by Example

Taylor Lamont (left) captured his fourth Utah state high school championship for Maple Mountain High School last winter. Taylor and his brother Grant, with three state titles, were trained by their father Craig and now share that knowledge with kids at a local wrestling club.

Taylor Lamont eager to share a love for the sport taught by dad

By Bill X. Barron,
 Associated Wrestling Press

What circumstances allow one to succeed both on the mat and in life? For Utah's Taylor Lamont — who proclaims, “wrestling has played a huge role in my life, how I think, how I live,” — his journey begins and ends with the extended wrestling family who has pushed, supported, challenged and invited him to succeed beyond where any of them have gone.

Family and religion are foremost in Utah; anyone who wrestles is family and everyone takes their wrestling seriously. For Taylor, a four-time Utah state high school champion, and brother Grant, a three-timer, for Maple Mountain (Mapleton), and now teammates again at Utah Valley University, family begins with their father Craig, now USA Wrestling's Vice Chair for Kids & Cadets.

“(His) special quality is knowing how to push me while letting me make my own decisions,” Taylor said. “He allows passion to take over.

“Dad allowed passion to take its own course. He would push me to work harder but never forced me to do anything. The true difference between good and great

wrestlers is that the great ones still love the sport. Those who have too much success or pressure to perform early in their career burn out; they never learn to LOVE the sport.”

Now Taylor transfers these lessons of the heart while leading prep lessons with the up-and-coming wrestlers at his father's Champions Club. Taylor and Grant's generation under Coach Justin Judkins — another father figure in Taylor's life — made Maple Mountain High into the best program in the state, under which Jason Chamberlain became an NCAA finalist.

The Lamonts now are determined that the success does not stop with them. In Taylor's perspective, good technique is that which can be replicated.

“Kids need to focus on learning their own series, mastering 2-3 moves from each position, so eventually they can take down anyone in the country with their go-to move,” Taylor said.

Taylor wants his young proteges to “learn to love the sport as I do. I check in on kids to let them know I care, to make sure they want to come to practice. Overall, kids learn better when they follow their heads and their hearts.”

Growing up, Taylor loved going to Rocky Mountain National tournaments. He believes that “they are a ton of fun, with tough competition. It was fun to travel all

“Overall, kids learn better when they follow their heads and their hearts.”

— Taylor Lamont

